



The 1828 Trail Inn

Cranberry Yogurt Muffins

Yield: Approximately 1 dozen

Ingredients

1 ½ c flour

¾ c sugar

2 tsp baking powder

1 tsp baking soda

1/8 tsp salt

2/3 c nonfat plain yogurt

2/3 c milk (we use 2%)

1 c chopped cranberries

½ teaspoon grated orange peel

1 c chopped walnuts or pecans

Directions

- 1. Combine flour, sugar, baking powder, baking soda, & salt.**
- 2. Gently fold in yogurt & milk until just moistened.**
- 3. Stir in cranberries & orange peel.**
- 4. Fill greased or paper-lined muffin cups 3/4 full.**
- 5. Bake at 400° for 20 25 minutes, or until muffins test done.**