



The 1828 Trail Inn

Best Ever Grits Casserole

Great as an entrée or as a side dish with eggs.

Ingredients

1 lb. breakfast sausage

1/3 clove grated garlic

1/4 Tbs. pepper

1 c quick grits

2 c grated sharp cheese

1/4 c melted butter

2 eggs

8 oz chopped green chilies

Option: 1 chopped onion

Tabasco to taste

Directions

- 1. Brown and crumble sausage. Saute with onion if desired.**
- 2. Drain on paper towels.**
- 3. Add Tabasco, garlic, and pepper to sausage.**
- 4. Cook grits in boiling water.**
- 5. Add sausage mix and remaining ingredients, stirring until well mixed.**
- 6. Pour into buttered 9 x 13 baking pan.**
- 7. Bake uncovered at 350° for 1 hour.**