



The 1828 Trail Inn

Bill's Blueberry Muffins

The generous use of nutmeg gives these muffins a special flavor.

Yield: Approximately 12

Ingredients

2 c flour

1-1/4 c sugar

2 tsp baking powder

2 tsp ground nutmeg

Pinch salt

2 eggs. beaten

1/2 c butter, melted

1/2 c buttermilk

1/2 tsp vanilla extract

1 4oz cup of applesauce

2 cups fresh or frozen blueberries

Directions

- 1. Combine flour, sugar, baking powder, nutmeg and salt.**
- 2. Combine eggs, butter, buttermilk and vanilla, and applesauce.**
- 3. Stir into dry ingredients until moistened.**
- 4. Gently fold in blueberries.**
- 5. Fill greased muffin tins.**
- 6. Bake at 375 degrees for 20-25 minutes.**
- 7. Cool in pan 10 minutes before removing to cooling rack.**